Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: DBT

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Dekoning Cindy

Coaches: De Wit Tessa HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 32: 100M FREESTYLE WOMEN 13+ Heat:3, starttime: 14:05

Heat: 3/14 Lane : 4 Athlete: CLAESKENS LINA **Q-time: 01:16:37**

PB (25m pool): 01:13.17 De Sprink 29/05/2022 **PB (50m pool):** 01:12.58 **SB:** 01:18.59 Pelt 27/09/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:13.17	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ Heat:5, starttime: 14:40

Heat: 5/10 Lane : 5 Athlete: VAN MELE GUNNAR **Q-time: 02:46:64**

PB (25m pool): 02:46.64 Aarschot 26/04/2026 **PB (50m pool):** 03:08.13 **SB:** 02:47.10 3500 Hasselt 18/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.19		01:18.96		02:07.67		02:46.64
		00:35.19		*00:43.77*		*00:48.71*		*00:38.97*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11-12 Heat:4, starttime: 15:05

Heat: 4/11 Lane : 1 Athlete: VAES LIENE **Q-time: 01:34:35**

PB (25m pool): 01:34.40 Lommel 22/02/2026 **PB (50m pool):** 01:34.35 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:43.64		01:34.40	
		00:43.64		*00:50.76*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: DBT

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:4, starttime: 15:05

Heat: 4/11 Lane : 7 Athlete: OOMS CéLIA — **Q-time: 01:34:19**

PB (25m pool): 01:34.19 Pelt 27/09/2026 — **PB (50m pool):** 01:40.68 **SB:** 01:34.19 Pelt 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:45.88		01:34.19	
		00:45.88		*00:48.31*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:9, starttime: 15:20

Heat: 9/11 Lane : 6 Athlete: MEYERS TRAPMAN ANNALINA — **Q-time: 01:25:36**

PB (25m pool): 01:25.36 Lommel 22/02/2026 — **PB (50m pool):** 01:27.15 **SB:** 01:26.63 Pelt 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:42.26		01:25.36	
		00:42.26		*00:43.10*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:10, starttime: 15:20

Heat: 10/11 Lane : 1 Athlete: POEL OONA — **Q-time: 01:24:75**

PB (25m pool): 01:24.75 Hasselt 04/10/2026 — **PB (50m pool):** 01:30.79 **SB:** 01:24.75 Hasselt 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:42.07		01:24.75	
		00:42.07		*00:42.68*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 36: 50M BACKSTROKE WOMEN 13+ — Heat:2, starttime: 15:55

Heat: 2/9 Lane : 5 Athlete: CLAESKENS LINA — **Q-time: 00:41:87**

PB (25m pool): 00:41.07 De Sprink 02/06/2024 — **PB (50m pool):** 00:42.37 **SB:** no time

	25 M	50 M	
PB		00:41.07	
		00:41.07	
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Coach feedback: